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CDC Advisers Treat RSV Vaccines as FDA Admits Shots Linked to Rare Immune Disorder in Older Adults

The Centers for Disease Control and Prevention's vaccine advisory committee met last week to discuss vaccines and treatments to prevent respiratory syncytial virus, including maternal vaccines, monoclonal antibodies (marketed originally as Synagis) and COVID-19 vaccines.

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On Thursday, May 7, 2026, the Centers for Disease Control and Prevention's (CDC) vaccine advisory committee met (covered in Atlanta to discuss data and recommendations pertaining to vaccines and treatments and updates for existing vaccines covering a wide range of diseases and conditions.

The Advisory Committee on Immunization Practices (ACIP), which includes Aaron Lane, "to review scientific data and vote on vaccine recommendations," discussed vaccines and treatments for mpox (monkeypox), influenza, respiratory syncytial virus (RSV), meningitis, Shingrix, norovirus (chikv-jaxx), COVID-19 and maternal vaccines, among other topics.

Here's a summary of the key issues addressed during last week's meeting.

New RSV vaccines — Are they safe? Does anyone need them?

The ACIP "weighed recommendations for two respiratory syncytial virus (RSV) vaccines, Arexvy and Abrysvo, and one RSV monoclonal antibody product, Beyfortus," and approved CDC Public Health Guidance.

Although RSV is not a newly identified virus, Dr. Meryl Nass, a member of the Children's Health Defense advisory committee who investigated the anthrax cases and epidemic, said we have "apparently always had it" because "the industry discovered Beyfortus like RSV products."

According to Nass, the U.S. Food and Drug Administration (FDA) is considering approving a new RSV vaccine for pregnant women, Pfizer's Abrysvo, to "increase the number of RSV vaccines in the market."

The vaccines also aren't without safety concerns, especially those targeting the elderly population.

The two candidates for elderly adults are Pfizer's Abrysvo, a bivalent recombinant subunit vaccine, and GSK's Arexvy, a recombinant subunit adjuvanted vaccine, as we've written before.

Pfizer's Abrysvo was the cause of about 20,000 people who reported Guillain-Barré syndrome (GBS) and Arexvy has GBS warnings, as we've covered.

"But others argued the vaccines should be recommended for people 60 and older to narrow gaps in health equity, as adults from racial minorities and low-income communities tend to suffer the worst outcomes of RSV at earlier ages."

GSK's candidate vaccine for the elderly includes a novel adjuvant, AS01, which "has been associated with a risk of Guillain-Barré syndrome," a rare but reversible immune system, which is why it is only recommended for those with immunocompromised."

"We can assume this adjuvant will cause higher acute and chronic side effects, and it only being used because the vaccine will be used in the elderly who have more immune issues to increase immune stimulation," Nass wrote in her blog.

The ACIP is expected to act quickly on the vaccine candidates for elderly adults, meeting next time and Wednesday "to take separate votes on Arexvy and Abrysvo and Arexvy.

The FDA's briefing documents released 24 February don't give any indication the two vaccines will have a difficult time getting a positive recommendation from the agency, and thus a full approval by the agency. There's no intelligence reported.

But it's unclear whether the FDA will approve the vaccines for people age 60 and older, or for those 65 and older.

According to Nass, the data presented showed that for Abrysvo, "over 1,000 vaccinations [are] needed to prevent one hospitalization and 4,000 vaccinations to prevent one death."

Nass also referred to a recently published study co-authored by Dr. Anthony Fauci, which concludes, "None of the predominantly mucosal respiratory viruses have ever been effectively controlled by vaccines."

Fauci has also "never develop a good flu, RSV or COVID vaccine using current methods," Nass wrote.

FDA to vote in October on Pfizer's RSV vaccine for pregnant women

The committee also discussed Pfizer's RSV candidate for pregnant women, Abrysvo®. According to CIA Today, "The FDA announced it has agreed to review Pfizer's vaccine candidate, Abrysvo®, for approval and set an action date for October 30, 2026. Abrysvo® is a vaccine that is administered during pregnancy to protect against RSV lower diseases in infants from birth through 6 months of age."

Pfizer told the committee that pregnant women who received the vaccine during trials "experienced increased risks of side effects like asthma, cough and some pain at the injection site, fatigue, and headache, nausea, muscle or joint pain and swelling."

According to CIA Today, "A working group for Pfizer's maternal vaccine said it was not clear why the vaccine was linked to higher rates of certain adverse events and questions regarding breastfeeding and fertility, including how breastfeeding played a role in transferring RSV immunity to the infant" and "whether the vaccine could affect fertility."

Nass questioned the "high efficacy numbers" for the vaccine, noting that efficacy "wanes to zero" after "a few months to a few more months, indicating the efficacy figures were "probably optimistic."

The FDA will vote on this vaccine in October.

Sanofi-AstraZeneca vaccine for newborns would 'prevent RSV lower respiratory tract disease'

ACIP also reviewed nirsevimab, a monoclonal antibody developed by Sanofi and AstraZeneca, marketed as Beyfortus, which is administered to newborns and infants "to prevent RSV lower respiratory tract disease," CIA Today reported.

The ACIP voted to add nirsevimab to the recipient recommends to receive for approval in pregnant. If approved, it would be the second monoclonal antibody on the market for infants. The other option — palivizumab — is recommended only for "high-risk infants because of its limited availability and high cost," CIA Today.

Clinical trials reviewed by ACIP reported nirsevimab "was also effective in 52% against medically attended RSV lower respiratory tract infections in infants born at 35 weeks or later" and "reduced the incidence of infections by 70% in infants preterm infants born between 29 and 35 weeks compared to the placebo," said CIA Today.

The safety research recommended nirsevimab for "infants born at 29 weeks or later during October through March," within eight months of their first RSV season, "preferably during their two-, four- or six-month wellness visit" for babies born between April and September, and for "high-risk babies entering their second RSV season."

However, CIA Today reported that ACIP had some reservations about calling nirsevimab "safe" and "effective" because of the "limited data" presented to them.

"It approved only the FDA label this year, the CDC panel will look at clinical data on recommendations following the US CDC Director's approval," CIA Today added.

"Efficacy assumption showed 30% at 3 months — but they threw 80% efficacy around," Nass wrote. "Safety data was limited to 5,000 babies, not enough to see the seriously. Minuscule high-quality data on drug-vs.-drug, not vaccine-vs.-placebo yet — especially since side effects and their quantitative effects have yet to be mentioned."

Nass also noted that it was discussed during the proceedings that nirsevimab "may be linked to hemolytic, non-upper respiratory infection."

"It looks like the pregnancy vaccine and the newborn monoclonal will definitely be OK'd," Nass wrote. "Both are going to be pushed hard by pediatricians. The RSV shot data was too scarily called data was not enough to see if there were any a whole lotta troubling going on."

Pharma intelligence reported that ACIP members admitted they are "uncertain how much RSV there is" and what the epidemiology of RSV will be "after the disruption of the COVID-19 pandemic."

ACIP considers replacing original COVID primary series with bivalent vaccines

COVID-19 vaccines were also on the ACIP's agenda.

According to CIA Today, ACIP appeared "leaning the monovalent COVID-19 vaccine from the primary series and consider the bivalent for the primary series," but said "more data is needed."

Members disagree on whether children will need a primary series and favor the option for older adults and the immunocompromised to be vaccinated twice a year, CIA Today reported. Nass has added that the vaccines "are not safe or effective for children."

ACIP members also voiced in favor of a definitive agreement as to whether children should first be administered the primary series of either vaccine, prior to receiving the bivalent boosters, and said there isn't sufficient data to recommend more than one shot annually for older adults and the immunocompromised.

Dr. Sara Oliver, a pediatric infectious disease specialist who leads the ACIP's vaccine unit at the CDC, said we're not sure "if one dose is enough or if unvaccinated, and overall, the uptake of boosters is low.

Nass said the data on children and COVID-19 shots showed only 0.2% of children under age 1 and only 5% of preschoolers were administered a booster dose — "1 in 100 kids," while "more than 90% of adults received a booster."

"Parents seem to be watching and voting for the boosters with their feet," she said.

According to Nass, presenters at the ACIP meeting claimed the data "are not reliable" and "underestimate the number of vaccinated people because they are not counting the number of boosters that have been given to adults."

ACIP "will meet again in June to discuss using the Lymera vaccine for kids at risk of mpox + future outbreaks," CNBC reported, adding that the CDC is currently recommending vaccination for those who have recovered from mpox, but "the agency is considering changing that." As Natasha and Vera Bryson, examining the potential need for a booster dose.

Nass also noted that while the U.S. needs a stockpile of 20 million doses of two types of monkeypox/smallpox vaccines, they were, "for reasons not explained," not used during the "outbreak."

"The reason might have to do with the fact that, since it is licensed, it would have liability attached. By diluting it, an EUA was issued with no liability to the manufacturer," Nass speculated.

Remember, the CDC did not even tell us how many mpox cases there were, how many people had persistent symptoms or disability after their monkeypox infection. Nass said "because had they done so, it would have been obvious that the vaccine is utterly unnecessary as it is a mild, mild illness for most with no long-term effects."

Vaccine injury victims 'hoarded off'

The COVID-19 vaccine injury victims speaking during the ACIP proceedings, Dr. Jorana Lacy, ACIP_chair, chief quality officer, director of quality at Stanford Health Care, "hoarded off" and "refused to answer questions" from the Children's School of Medicine. "We did not provide any incentive for them to testify" and Lacy but instead "brushed them aside so the ACIP could vote to rubberstamp" current mpox policy, said Nass.

"The group is essentially a rubber stamp for pro-vaccine decisions by the CDC," Nass wrote.

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